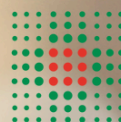




UNIMORE
UNIVERSITÀ DEGLI STUDI DI
MODENA E REGGIO EMILIA

HOP
TO ERASE THE STIGMA OF MENTAL ILLNESS
www.hopprogram.org



**SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA**
Azienda Unità Sanitaria Locale di Reggio Emilia
IRCCS Istituto in tecnologie avanzate e modelli assistenziali in oncologia

HOPE AND RECOVERY: THE POWER OF HOP

**HOP CONFERENCE
SEPTEMBER 24, 2025**

**PADIGLIONE DE SANCTIS
CAMPUS S. LAZZARO
UNIVERSITÀ DEGLI STUDI DI MODENA E REGGIO
VIA AMENDOLA, 2 - REGGIO EMILIA, ITALY**



MAPS

H 14.00-14.30

WELCOME AND OPENING REMARKS

- *Prof. Patrick William Corrigan* (Illinois Tech, USA)
- *Prof. Gian Maria Galeazzi* (University of Modena and Reggio Emilia, Italy; Azienda USL-IRCCS di Reggio Emilia, Italy)
- *Dott.ssa Paola Carozza* (Italian Society for Psychosocial Rehabilitation, Italy)

H 14.30-15.30

PART 1: DIFFERENT VERSIONS AND ADAPTATIONS OF HOP

Chair: Madeline Oppenheim (Illinois Tech, USA)

HOP work (synchronous and chatbot) with university students

Kristin Kosyluk (University of South Florida, USA; STigma Action Research [STAR] Lab, USA)

Adapting HOP for different target groups: Balancing key ingredients with the needs of different stigmatised groups

Katrina Scior (University College London, UK)

Accepted oral presentation

H 15.30-16.30

PART 2: SCIENTIFIC EVIDENCE ON HOP EFFECTIVENESS

Chair: Luca Pingani (University of Modena and Reggio Emilia, Italy)

Evidence from three new HOP RCTs

Nicolas Rüsch (Ulm University, Germany)

HOP for Canadian postsecondary students

Amanda Maranzan (Lakehead University, Canada)

Accepted oral presentation

H 16.30-16.45

COFFEE BREAK

H 16.45-17.45

PART 3: SUICIDALITY, HOP, AND THE POWER OF LIVED EXPERIENCE

Chair: Kristin Kosyluk (University of South Florida, USA; STigma Action Research [STAR] Lab, USA)

Stigma and disclosure of suicidality in Malaysia

Lindsay Sheehan (Illinois Tech, USA)

Stigma and Disclosure of Psychosis in Norway»

Carmen Simonsen (University of Oslo, Norway)

Accepted oral presentation

H 17.45-18.30

ROUNDTABLE WITH ALL KEYNOTE SPEAKERS OF THE DAY TO ANSWER AUDIENCE QUESTIONS AND TO DEFINE POSSIBLE FUTURE STRATEGIES

Chair: Antonio Lasalvia (University of Trento, Italy)

H 18.30-18.45

CLOSING REMARKS

Nicolas Rüsch (Ulm University, Germany)

CALL FOR ABSTRACTS – ORAL PRESENTATIONS AND E-POSTER

Participants are invited to submit an abstract for either an oral presentation or an e-poster, according to the following schedule:

- Abstract submission opens: April 20, 2025
- Abstract submission deadline: June 4, 2025
- Extended deadline: June 15, 2025
- Notification of acceptance: June 30, 2025

To submit an abstract, please send an email to HOP2025@unimore.it specifying clearly in the subject line whether your submission is for an oral presentation or an e-poster.

The body of the email must include the following information:

1. Type of submission: Oral Presentation or E-Poster
2. Title of the abstract
3. Full names of all authors, with institutional affiliations for each author
4. Main text of the abstract, up to 250 words, structured clearly and concisely

Abstracts will be evaluated by the Scientific Committee, and authors will be notified of acceptance by June 30, 2025. Please ensure that all submissions are in English.

CONFERENCE LANGUAGE

The official language of the event is **English**. No simultaneous translation will be provided.

PARTICIPATION FORMAT

The event can be attended either **in person or online** via Microsoft Teams. A link to access the virtual meeting will be sent to all registered participants one week before the event.

ORGANIZING INSTITUTIONS

The event is organized by the **Honest, Open, Proud (HOP) program** (<https://hopprogram.org>) with the patronage of the **Azienda USL – IRCCS of Reggio Emilia** and the **University of Modena and Reggio Emilia (UNIMORE)**.

SCIENTIFIC COMMITTEE

Michelle Andra, Patrick W. Corrigan, Karen Kosyluk, Jon Larson, Zahirul Kamaran, Madeline Oppenheim, Luca Pingani, Nicolas Rüschi, Katrina Scior, Sara Zamorano Martínez

REGISTRATION

Participation is free of charge. To register for the event (either in person or online), please send an email to HOP2025@unimore.it including the following information: **full name, affiliation, profession, email address, and preferred mode of participation (in person or online)**.

CERTIFICATE OF ATTENDANCE

All participants will receive a certificate of attendance.

TRAVEL AND ACCOMMODATION

We kindly recommend that participants attending the event in person book their accommodation as soon as possible, as several other events will be taking place in the area during the same period. A useful resource for finding accommodation is www.booking.com.

The closest **airports** to Reggio Emilia are: Parma Airport (PMF; <https://www.parma-airport.it>), Bologna Guglielmo Marconi Airport (BLQ; <https://www.bologna-airport.it/en/>) and Verona Valerio Catullo Airport (VRN; <https://www.aeroporto.verona.it/en/>).

Reggio Emilia is served by **two railway stations**: Reggio Emilia AV Mediopadana – high-speed train station (<https://maps.app.goo.gl/UfVGLBaRtYAKsDuU7>) and Reggio Emilia – traditional railway station (<https://maps.app.goo.gl/2No4Jv86EwXJ7gAu9>).

The city is also well connected by a **local bus network**. Tickets can be conveniently purchased on board using a contactless credit or debit card (<https://www.setaweb.it/re/>).

DISCOVER REGGIO EMILIA AND SURROUNDINGS

Reggio Emilia is a vibrant and welcoming city located in the heart of the Emilia-Romagna region in northern Italy. With its rich historical legacy, artistic treasures, and high quality of life, the city offers a perfect blend of culture, tradition, and innovation.

At the heart of the city lies **Piazza Prampolini**, also known as Piazza Grande, where visitors can admire the Cathedral of Reggio Emilia, the Baptistery, and the Town Hall, which houses the iconic **Sala del Tricolore** – the room where the Italian national flag (Il Tricolore) was first adopted in 1797. A short walk away is **Piazza San Prospero**, with its Baroque Basilica of San Prospero and its six majestic marble lions guarding the entrance.

Art and history enthusiasts can visit the **Palazzo dei Musei**, a multidisciplinary museum complex covering archaeology, natural sciences, and local history, or explore the Collezione Maramotti, a contemporary art collection housed in the former Max Mara factory, featuring works by internationally renowned artists.

The city is also known for its deep commitment to education and inclusion, being the birthplace of the globally celebrated **Reggio Emilia Approach** to early childhood education, which has inspired schools and educators around the world.

Gastronomy is another highlight: the region is famous for **Parmigiano Reggiano**, traditional balsamic vinegar, and **Lambrusco wine**. Local trattorias and restaurants offer authentic Emilian cuisine, making your stay a true culinary experience.

Beyond the city, the surrounding countryside offers a variety of attractions. The **Apennine hills** are ideal for hiking and nature walks, while nearby Castles of Matilda of Canossa, such as **Canossa Castle** and **Rossena Castle**, provide a glimpse into medieval history and breathtaking views of the landscape.

Reggio Emilia is also well connected to other major cultural hubs: by high-speed train, it is just 40 minutes from Bologna, 1 hour from Milan, and less than 2 hours from Florence. Whether you're looking for history, art, nature, or food, Reggio Emilia and its surroundings offer something for every visitor.

